

# Services available under Support at Home

Services under Support at Home are grouped into **three broad categories**: Clinical Supports, Independence Supports, and Everyday Living Supports. Each has its own funding and contribution rules based on a client's income and pension status.

## Clinical Supports

**Clinical supports are fully funded under Support at Home.** That means no matter a person's income or assets, they will not be asked to contribute to the cost of clinical services. These supports include essential care such as:

- ✓ Nursing (registered, enrolled, and assistant nurses)
- ✓ Allied health and therapy services (e.g., physiotherapy, psychology, occupational therapy, and speech pathology)
- ✓ Nutritional support, such as prescribed oral or enteral nutrition
- ✓ Home support care management and restorative care services management

These services are typically delivered by regulated professionals and are designed to meet complex health needs. Some exclusions and eligibility rules apply depending on the service.

## Independence Supports

Independence supports are aimed at **helping older people manage daily tasks and stay active in their communities**. These supports require client contributions, with rates ranging from 5% to 50% depending on a person's income and pension status. Key services include:

- ✓ Personal care (e.g., self-care support, continence care)
- ✓ Social and community participation (e.g., group outings, digital literacy, cultural activities)
- ✓ Complementary therapies (e.g., acupuncture, remedial massage, osteopathy)
- ✓ Respite care (both flexible and centre-based options)
- ✓ Transport
- ✓ Assistive technology and home modifications

The goal for these supports is to keep clients living independently at home for as long as possible, while sharing costs fairly based on financial capacity.

## Everyday Living Supports

This category covers services that **help maintain a clean, safe, and liveable home**. Because these supports are considered less clinical in nature, client contributions are generally higher and range from 17.5% to 80%, based on income and pension status. These services include:

- ✓ Domestic assistance (e.g. cleaning, laundry, grocery shopping)
- ✓ Home maintenance and gardening
- ✓ Meal preparation and delivery

It is important to note that while these supports are still subsidised, part pensioners and self-funded retirees may pay a larger share compared to supports under the Independence Supports category.



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